

## What is Stalking?

a course of conduct directed at a specific person that would cause a reasonable person to feel fear.

Stalkers can be a former intimate partner, friend, acquaintance, or stranger.

## Prevalance

- 7.5 million people are stalked in one year in the United States.
- Over 85% of stalking victims are stalked by someone they know.
- 61% of female victims and 44% of male victims of stalking are stalked by a current or former intimate partner.
- 25% of female victims and 32% of male victims of stalking are stalked by an acquaintance.
- About 1 in 5 of stalking victims are stalked by a stranger.
- Persons aged 18-24 years experience the highest rate of stalking.

**Stalking can happen to anyone regardless of race, age, gender, economic status, or sexual orientation.**

**You are not alone.**

**It is not your fault.**

**Free, Confidential Services are available to you.**

## Common Behaviors of Stalkers

- Follow you and show up wherever you are.
- Send unwanted gifts, letters, cards, or e-mails.
- Damage your home, car, or other property.
- Monitor your phone calls or computer use.
- Use technology, like hidden cameras or global positioning systems (GPS), to track where you go.
- Drive by or hang out at your home, school, or work.
- Threaten to hurt you, your family, friends, or pets.
- Find out about you by using public records or online search services, hiring investigators, going through your garbage, or contacting friends, family, neighbors, or co-workers.
- Posting information or spreading rumors about you on the Internet, in a public place, or by word of mouth.
- Other actions that control, track, or frighten you.

## Impact of Stalking on Victims

- 46% of stalking victims fear not knowing what will happen next.
- 29% of stalking victims fear the stalking will never stop.
- 1 in 8 employed stalking victims lose time from work as a result of their victimization and more than half lose 5 days of work or more.

## Support and Services Available

All services are free and confidential. They are available regardless of race, age, economic status, religion, or sexual orientation.

### **Services Available:**

- Comprehensive Case Management
- Crisis Advocacy
- Safety Planning
- Emergency Shelter
- Assistance in filing a Domestic Violence Protection order or a Personal Safety Order
- Legal Advocacy
- Criminal Justice System Advocacy
- Assistance in Documenting Stalking Incidences
- Individual Counseling
- Support Groups



**EPEC is the only licensed domestic violence, sexual assault, stalking, and human trafficking services provider in the Eastern Panhandle.**

**Trained Stalking Advocates are available to speak with you 24/7.**

**Free, Confidential hotline: 304-263-8292**

## OUR NEW LOOK

For over four decades, Shenandoah Women's Center has been a steady resource and voice for people in crisis. The rebrand of our organization- to better reflect the 40 years of work we've done to stem the tide of violence against women, men and children in the Eastern Panhandle- is a great way to celebrate!

EPEC's services are available to all, it's time our name reflects that commitment.

**365/24/7 Confidential Hotline:**

**304-263-8292**

**Help available by Email:**  
**info@swcinc.org**



**EASTERN PANHANDLE  
EMPOWERMENT  
CENTER**

**Comprehensive Victim  
Services Provider**

## Outreach Office Hours of Operation

Day	Hours
Monday	8:30am-4:30pm
Tuesday	8:30am-4:30pm
Wednesday	8:30am-4:30pm
Thursday	8:30am-4:30pm
Friday	8:30am-4:30pm
Saturday	Closed
Sunday	Closed

**NEW: Jefferson County Office open 8am-6pm  
Monday-Friday**



**Formerly Shenandoah Women's Center**

## Office Locations and Phone Numbers

There is help near you!

Berkeley County:

236 West Martin Street, Martinsburg, WV 25401  
304-263-8522

Jefferson County:

113 East Third Avenue, Ranson, WV 25438  
304-725-7080

Morgan County:

131 Congress Street, Berkeley Springs, WV 25411  
304-258-1078

Serving Berkeley, Morgan, and Jefferson  
Counties

[info@swcinc.org](mailto:info@swcinc.org)

[www.epecwv.org](http://www.epecwv.org)

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Types of Stalking, Impacts  
of Stalking on Victims,  
Services Available to  
Survivors