

OUR NEW LOOK

For over four decades, Shenandoah Women's Center has been a steady resource and voice for people in crisis. The rebrand of our organization - to better reflect the 40 years of work we've done to stem the tide of violence against women, men and children in the Eastern Panhandle - is a great way to celebrate! EPEC's services are available to all, it's time our name reflects that commitment.

365/24/7 Confidential Hotline:

304-263-8292

Help available by email:

info@swcinc.org



**EASTERN PANHANDLE
EMPOWERMENT
CENTER**

Comprehensive Victim Services
Provider

Outreach Office Hours of Operation

Day	Hours
Monday	8:30am-4:30pm
Tuesday	8:30am-4:30pm
Wednesday	8:30am-4:30pm
Thursday	8:30am-4:30pm
Friday	8:30am-4:30pm
Saturday	Closed
Sunday	Closed

NEW: Jefferson County Office open 8am-6pm

Monday - Friday

Office Locations and Phone Numbers

There is help near you!

Berkeley County:

236 West Martin Street, Martinsburg, WV 25401
304-263-8522

Jefferson County:

113 East Third Avenue, Ranson, WV 25438
304-725-7080

Morgan County:

131 Congress Street, Berkeley Springs, WV 25411
304-258-1078

Serving Berkeley, Morgan, and Jefferson
Counties

info@swcinc.org
www.epecwv.org



Formerly Shenandoah Women's Center

What is Sexual Violence?

Type of Sexual Violence, Consent,
and Resources Available to
Survivors

What is Sexual Violence?

Sexual violence happens in every community and affects people of all genders and ages. Sexual violence is any type of unwanted sexual contact. This includes words and actions of a sexual nature against a person's will and without their consent. A person may use force, threats, manipulation, or coercion to commit sexual violence.

Prevalence

- 1 in 5 women will be a victim of rape in her lifetime
- 1 in 71 men will be a victim of rape in his lifetime
- Almost half (49.5%) of multiracial women and over 45% of American Indian/Alaska Native women were subjected to some form of contact sexual violence in their lifetime
- In eight out of 10 cases of rape, the victim knew the perpetrator
- Studies suggest that around half of transgender people and bisexual women will experience sexual violence at some point in their lifetimes.

Sexual Violence can happen to anyone regardless of race, gender, economic status, or sexual orientation.

You are not alone. It is not your fault.

Free, Confidential Services are available to you.

Types of Sexual Violence

- Rape or sexual assault
- Child sexual assault and incest
- Sexual assault by a person's spouse or partner
- Unwanted sexual contact/touching
- Sexual harassment
- Sexual exploitation and trafficking
- Exposing one's genitals or naked body to other(s) without consent
- Masturbating in public
- Watching someone engage in private acts without their knowledge or permission
- Non consensual image sharing

What is Consent?

Consent must be freely given and informed, and a person can change their mind at any time. Consent is more than a yes or no. It is a dialogue about desires, needs, and level of comfort with different sexual interactions.

Victim's Are Never At Fault

Choosing to violate another person is not about "drinking too much," "trying to have a good time," or "getting carried away," nor is it about the clothes someone was wearing, how they were acting, or what type of relationship they have with the person who abused them. Violating another person is a choice.

Support and Services Are Available

All services are free and confidential. They are available regardless of race, age, economic status, religion, or sexual orientation.

Services Available:

- Comprehensive Case Management
- Safety Planning
- Individual Counseling
- Support Groups
- Legal Advocacy (connection to Legal Aid)
- Assistance in completing Personal Safety Order (PSO)
- Assistance in accessing a sexual assault forensic exam
- Emergency Shelter
- Referrals to other agencies for additional resources



EPEC is the only licensed domestic violence, sexual assault, stalking and human trafficking services provider in the Eastern Panhandle. Trained Sexual Assault advocates are available to take your call 24/7.

**Free, Confidential Hotline:
304-263-8292**